NEW WORKING AGE

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Except during two World Wars in the first half of the last century, when troops were deployed overseas, the US working age population has never declined.¹ As of 2021, that statement is no longer true.

According to data recently released by the US Census Bureau, the total US population grew by only 0.1% between 2020 and 2021. Looking specifically at the working age population cohort (ages 20 to 64), Exhibit 1 shows the annual growth rate since in 1900.² Over the past 120-year period, the working age population grew an average 1.3% per year. The annual growth rate in working age population has declined since 2000 and turned negative for the first time in 2019.

Exhibit 1: Historical and Projected Growth in Working Age Population


The working age population in the US peaked in 2019 at 192.7 million before starting its decline. This population is forecast to decline to 191.6 million by 2023 before resuming its ascent, and returning to its 2019 level by 2030, according to projections from Oxford Economics.
Not only has the working age population declined for the first time during a non-war time period, but its projected growth starting in 2023 is expected to be substantially lower over the next twenty years than it was during the previous two decades. Working age population growth has generally ranged from 1.0% and 1.5% in the seven years before the GFC, but then declined precipitously until turning negative in 2019. The growth rate was expected to bottom out at -0.3% in 2021 and then begin to recover thereafter. The twenty-year historical average of 0.7% is not expected to be regained over the next twenty years. In fact, growth in excess of 0.5% per annum is not expected to be achieved until 2037.

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NATURAL POPULATION GROWTH CONTINUES TO DECLINE

Contributing factors to forecasted stagnating growth in working age population include a decline in the fertility rate over the last few decades. After reaching a recent high of 69.3 births per 1,000 women in 2007, the fertility rate has steadily declined. In 2020 alone, the general fertility rate decreased to 55.8 from 58.3 in 2019—a reduction of 4.3%, the largest single-year decline since 1973.

EXHIBIT 4: GENERAL FERTILITY RATE IN THE US

Sources: US Center of Disease Control and Prevention National Center for Health Statistics
INTERNATIONAL IMMIGRATION OFFERS LITTLE SUPPORT

Another factor contributing to slower growth in the working age population is the reduction of legal international immigration into the US. Historically, new immigration arrivals have accounted for roughly 0.15% of the US population. In the years leading up to 2016, this number increased to a recent high of 0.19%, or about 618,000 new arrivals that year. Beginning in 2017, with less immigration-friendly policies under the Trump administration, and compounded by limitations due to COVID-19, this figure has declined precipitously in the past four years. In 2020, fewer than 264,000 new arrivals represents a 67-year low of 0.08% of the population.

EXHIBIT 5: INTERNATIONAL MIGRATION: ANNUAL AND NEW ARRIVALS (AS % OF US POPULATION)
Sources: Data analysis by the Cato Institute; US State Department, “Immigrant Visa Statistics,” “Annual Reports of the Visa Office”; Immigration and Naturalization Service, “Annual Reports.

Note: Immigrant visa statistics were used where available from 1925–34, 1939–53, and 1996–2000. “New arrivals” were used from 1954–95. Visas were note required before 1924. Refugees and asylum-seekers are not included in these figures.

Since COVID began, the rate of retirement has returned to its 2017 trend.

RETIREMENTS ARE ON THE RISE

According to data from the Federal Reserve Bank of Dallas, 2.7 million more individuals reported being retired relative to pre-COVID levels. Assuming 2019 retirement rates, the Dallas Fed estimates that 1.2 million would have retired regardless of the pandemic. The additional 1.5 million retirements that currented during this period represent an increase of 125% over 2019 retirement rates.

However, the chart below shows how a strong labor market in 2018 and 2019 likely prompted some older workers to delay retirement, “causing the share of the population in retirement to increase more slowly than the rate of aging would have implied,” according to the Dallas Fed. In the time since COVID began, the rate of retirement has returned to its 2017 trend.

EXHIBIT 6: SHARE OF POPULATION RETIRED (%)
Sources: Federal Reserve Bank of Dallas using IPUMS-CPS University of Minnesota data; as of April 2021.

Nevertheless, even if the increased level of retirement seen during the pandemic does not represent a significant departure from the longer-term retirement trend, it still constitutes fewer workers in the labor market. As evidenced by the employment to population ratio for age 65+, this age cohort has experienced a 1.7% decline from its pre-COVID high of 20.1% to 18.4% as of January 2022. This reduction in employment-to-population ratio translates into roughly 570,000 fewer employed workers from this age cohort.

By historical context, the employment to population ratio for age 65+ remains elevated. Prior to 2015, the last time this level was observed among older workers was in 1964 during the Johnson administration.
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LABOR MARKET

The impact of a declining working age population may be apparent in the historically high level of job openings along with historically high job quits rate, as detailed in Exhibits 8 and 9. As a result, wage pressure in the labor market has already been exhibited. The employment cost index increased 4.0% year-over-year in Q4 2021, the highest level in the history of the time series, and notably higher than the 2.7% average over the three years prior to COVID. In addition to offering higher wages, some employers may respond to labor shortages with incentives to keep older workers from retiring. Furthermore, in the face of higher labor costs, certain companies may accelerate plans to introduce further automation into their businesses.

EXHIBIT 7: EMPLOYMENT-POPULATION RATIO: 65 YEARS AND OVER

EXHIBIT 8: JOB OPENINGS (TOTAL NONFARM)

EXHIBIT 9: JOB QUITS (TOTAL NONFARM)

EXHIBIT 10: EMPLOYMENT COST INDEX: TOTAL COMPENSATION
DOMESTIC MIGRATION

Regional differences in the growth of working age population exist across the US. Positive net domestic migration to regions like the Southeast, Southwest, and Intermountain West provide population growth tailwinds to those regions that may offset the headwinds listed above.7 Likewise, regions like the Pacific Coast, Northeast, and Midwest may experience declines in working age population worse than the national figures cited above.

Ultimately, the first decline of the US working age population since WWII has been exacerbated by declining international immigration and an increase in retirements. A declining fertility rate could also imply that future challenges remain, even as the impact of the declining working age population may already be impacting labor supply and wages. Companies may respond to worker shortages by providing incentives to keep workers and stave off retirements, or by increasing automation.

ABOUT THE AUTHOR

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NOTES

1 US working age population in this chart as non-institutionalized (not in the military, incarcerated, or in a long-term health institution) adults ages 20-64. Obviously, there are many people under 20 and over 65 who work, however, since many people in those categories are in school or retired, the aforementioned age category is used.
2 Working age population figures (historical and forecast) are based on Oxford Economics data provided by CoStar Advisory Services. Last historical year is 2020. 2021 and onward are forecasts from Oxford Economics.
3 Based on data from February 2020 to April 2021, the observation period used in the analysis by the Dallas Fed.
5 The employment to population ratio for 65+ is calculated with the numerator represented by those over 65 who are working and is skewed heavily towards those aged 65-70. At the same time the denominator of the ratio includes everyone over 65. The ratio during earlier time periods is inflated since the denominator includes all those age 65+ and life expectancy at birth was 70.3 years in 1964 versus 77.0 in 2020. Because life expectancy was lower in 1964, the age cohort 65-70 (who are more likely to be employed) represented a greater portion of the broader 65+ age cohort than it does today. In 2021, with relatively more individuals older than 70 or 75 than in 1964, achieving a similar employment to population ratio is even more notable.
6 The employment cost index is a measure of employer’s costs for employee wages and salaries, as well as employer costs for benefits.
7 Based on data from the US Census Bureau.

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REVIEWER RESPONSE

An attention-grabbing headline and insightful perspectives about an important first—but not one to be celebrated. Both slower growth and aging of the population in many countries have been on the radar for global investors, but the outright decline in the working age cohort in the US that the authors highlight might be new information to these investors. While the oft-used phrase “demographics is destiny” may overstate the importance, there is no denying that population dynamics are crucial to the health of the macroeconomy overall—and local real estate markets, in particular.

Looking under the hood to get into the details, the authors highlight the secular decline in fertility rates and more recent policy induced elephant in the room, that being the sharp drop in international immigration. The sheer number of immigrants not arriving in the US over the past five years represents a cumulative deficit of about two million people—adding diversity, youth, entrepreneurial drive—assuming the number of new arrivals at 0.15% of the US population, the average over the past sixty years.

– Jim Clayton, PhD
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